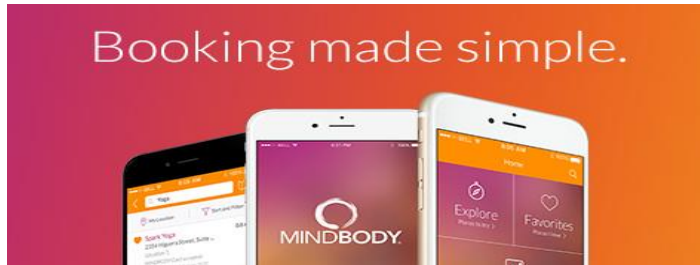


Using the **MindBody App** to Sign Up for Embody Movement Pilates Studio classes

Embody Movement Pilates Studio, Inc.
is located in the LifeStart Fitness Center
4225 Naperville Rd, LL, Lisle 60532

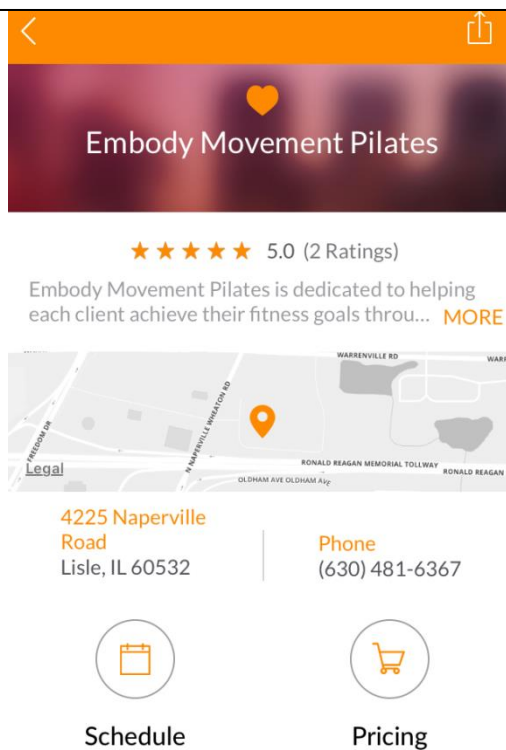
EmbodyMovementPilates.com
(630) 481-6367



You can sign up for a class or package using the MindBody App. Available to download for both iPhone and Android phones.

When you open the app, click on **Explore**, and then use the Search function.

In the search type in "Embody Movement Pilates"



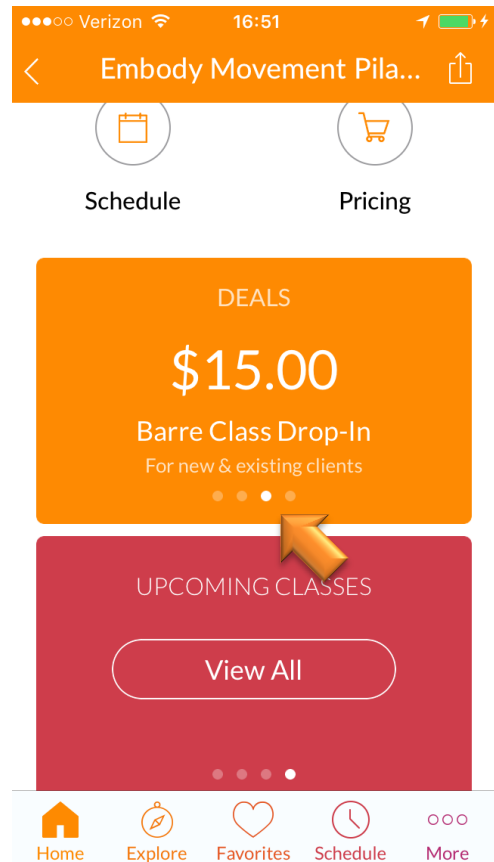
Add **Embody Movement Pilates Studio** to your Favorites.

You have the option to scroll down to view Introductory Deals, click on Pricing or Schedule.

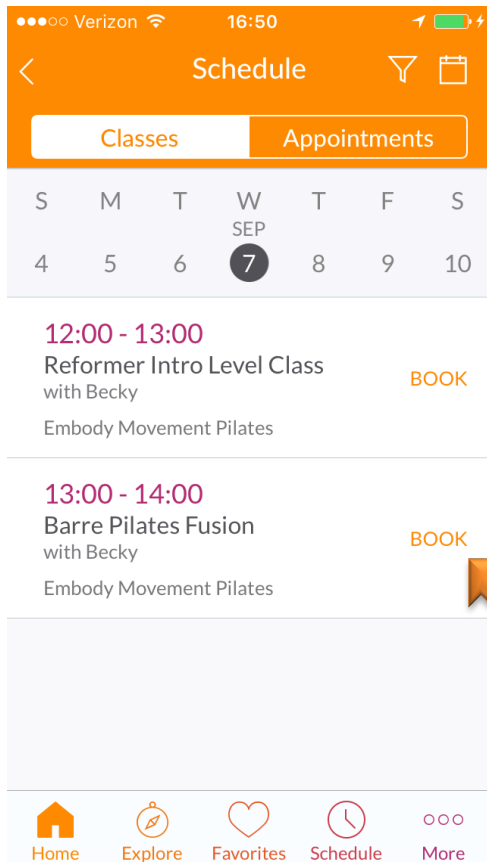


We look forward to seeing you in class! Questions? Call (630) 481-6367

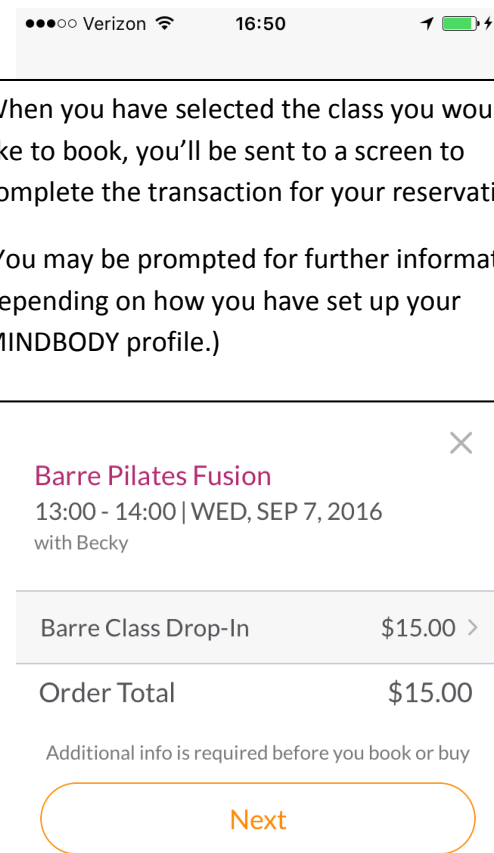
****When viewing the deals, please note that you can swipe across to see all the offerings**



If you click on **SCHEDULE**, you can then use the calendar to go to the desired day and select a class.



When you have selected the class you would like to book, you'll be sent to a screen to complete the transaction for your reservation. (You may be prompted for further information depending on how you have set up your MINDBODY profile.)



We look forward to seeing you in class! Questions? Call (630) 481-6367